



## **CHOICE MENUS**



### **WEEK 3**

<b><u>MONDAY</u></b>	<p>(V) Chickpea and Spinach Curry with Vegetable Rice (V) Veggie Freekah Traybake with Vegetable Rice Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw Selection of Sandwiches—Ham, Cheese, Tuna Mayo or Egg Mayo Wasty to Tasty Dessert</p>
<b><u>TUESDAY</u></b>	<p>Tuscan Chicken with New Potatoes (V) BBQ Baked Beans &amp; Cheese Pastry Pocket with New Potatoes (V) Pasta with Lentil Tomato Sauce  Selection of Sandwiches—Ham, Cheese, Tuna Mayo or Egg Mayo Fruit Shortbread</p>
<b><u>WEDNESDAY</u></b>	<p>Roast Chicken with Roast Potatoes &amp; Gravy (V) Vegan Sausage with Roast Potatoes and Gravy Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw  Selection of Sandwiches—Ham, Cheese, Tuna Mayo or Egg Mayo Oat Fruit Slice</p>
<b><u>THURSDAY</u></b>	<p>Beef Bolognese with Pasta (V) Lasagne Verdi (V) Pasta with Lentil Tomato Sauce  Selection of Sandwiches—Ham, Cheese, Tuna Mayo or Egg Mayo Jelly</p>
<b><u>FRIDAY</u></b>	<p>Oven Baked Fish Fingers with Chips (V) Cheese &amp; Tomato Pizza Pinwheel with Chips Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw  Selection of Sandwiches—Ham, Cheese, Tuna Mayo or Egg Mayo Baked Rice Pudding with Fruit Compote</p>

Daily Items also available during lunch service:-

Meals served with a choice of seasonal vegetables.

Choice of salad and choice of dessert available.

Water available.